

## St. Nicholas Orthodox Church

64 Forrester Street  
Salem, MA 01970-4038

Website: [www.stnicholasofsalem.org](http://www.stnicholasofsalem.org)

978-744-5869

Email: [fr.theophan.whitfield@gmail.com](mailto:fr.theophan.whitfield@gmail.com)

Fr. Theophan Whitfield – Priest  
Basil Andruchow – Protodeacon  
Basil Safchuk – Protodeacon

Robert Popadic – Starosta  
Philip Grayton – Choir Director  
Stephen Kelsey – Church School

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### Sunday, May 30, 2010. First Sunday after Pentecost (Tone 8).

#### Today is the Sunday of All Saints.

Saints of May 30: Ven. Isaac, Founder of the Dalmatian Monastery at Constantinople (383).  
Scripture Lessons: Hebrews 11:33 – 12:2; Matthew 10:32-33, 37-38; 19:27-30

Monday, May 31. Beginning of the Apostles' Fast (Fast of Ss Peter and Paul).

Saturday, June 5. Deacon's Vespers, 6:00PM.

Sunday, June 6. **Second Sunday after Pentecost (Tone 1). All Saints of America.**

Divine Liturgy, 10:00AM (Sixth Hour, 9:50AM)

Ven. Bessarion the Wonderworker of Egypt (4<sup>th</sup>-5<sup>th</sup> centuries).

Epistle: Romans 2:10-16

Hebrews 11:33 – 12:2 (Saints)

Gospel: Matthew 4:18 – 23

Matthew 4:25 – 5:12 (Saints)

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**The Apostles' Fast.** The Fast of Ss Peter and Paul is one of the four fasting seasons during the Church year. In 2010, the Fast begins on Monday, May 31 and ends on the Feast of Ss Peter and Paul, Tuesday, June 29. During this season, Orthodox Christians are to abstain from certain foods, but each of us should also intensify our prayer life, our almsgiving, and our spiritual reading. The extra effort does not have to be burdensome, but it should be something above the "usual". Looking for some direction? Ask Fr. Theophan for some suggestions.

**From St. Basil the Great.** "Do you fast? Then feed the hungry, give drink to the thirsty, visit the sick, do not forget the imprisoned, have pity on the tortured, comfort those who grieve and who weep, be merciful, humble, kind, calm, patient, sympathetic, forgiving, reverent, truthful and pious, so that God might accept your fasting and might plentifully grant you the fruits of repentance."

**Need a summer tune-up?** Of course you do. Fr. Theophan cannot help you with your automobiles, but he can schedule an appointment for an even more important kind of tune-up! To receive Holy Communion on a regular basis, Orthodox Christians at a MINIMUM should participate in the sacrament of confession during the four fasting seasons of the church. During the Apostles' Fast, let God shower you with His love. Bring your confessions and your repentance to Him, and He will refresh your soul with forgiveness and joy. Our cars cannot drive indefinitely without a tune-up, and neither can our souls! (Confession is available after Vespers on Saturday, when a priest is available, and by appointment. Please speak with Fr. Theophan.)

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#### Clergy Schedule for June

Saturday, June 5 - Deacon's Vespers, 6:00 PM – Protodeacon Basil Safchuk

Sunday, June 6 - Divine Liturgy, 10:00 AM - Fr. Anthony Gori

Saturday, June 12 – Great Vespers, 6:00 PM – Fr. Theophan Whitfield

Sunday, June 13 - Divine Liturgy, 10:00 AM - Fr. Theophan Whitfield

Saturday, June 19 – Great Vespers, 6:00 PM – Fr. John Teague

Sunday, June 20 - Divine Liturgy, 10:00 AM - Fr. John Teague

Saturday, June 26 – Great Vespers, 6:00 PM – Fr. Theophan Whitfield

Sunday, June 27 - Divine Liturgy, 10:00 AM - Fr. Theophan Whitfield

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<b>Looking Ahead.</b>	May 31, Monday	Beginning of Apostles' Fast
	June 29, Tuesday	Sts. Peter and Paul, End of the Apostles' Fast
	July 1, 2010	Fr. Theophan Whitfield will begin his full time ministry at St. Nicholas
	July/August	Summer Schedule – 9AM Divine Liturgy